

Discovering the Right Path to Re-build your Business

Team 4 C's

Nov. 2, 2020

Today's Agenda

Agenda Item	Title	Time	Take away
Introduction	Our goal in this coaching	2 min	Agree on our goal
Review (Part 1)	What have you learned about yourselves so far?	5 min	Do you know how you felt or thought before vs. now?
Review (Part 2)	What have you learned about your life path, so far?	10 min	Do you know what your life path was before vs. now?
Review (Part 3)	Put these two things, together.	5 min	Do you know what your new mindset is, now?
Group Reflection	Any questions?	5 min	
Review (Part 4)	Regular vs. Super Self	15 min	Do you know who your regular self vs. your super self is?
Review (Part 5)	Super Self Homework	10 min	Do you see how the homework was difficult?
Looking Ahead	The next 2 months		Agree on what you want to get out of our coaching, together.

Goal:

**Discovering the right path for you
to re-build your business**

The first layer of
discovering the right path for you
to re-build your business is:

identifying what you're doing

Erica:
Before I felt like I was leading people through the wilderness.
Now, I know I am leading them to the Tree of Life.



Doreen:
Before I felt like I am going to build a business on a sinkhole.
Now, I know I am going to build it on solid granite.

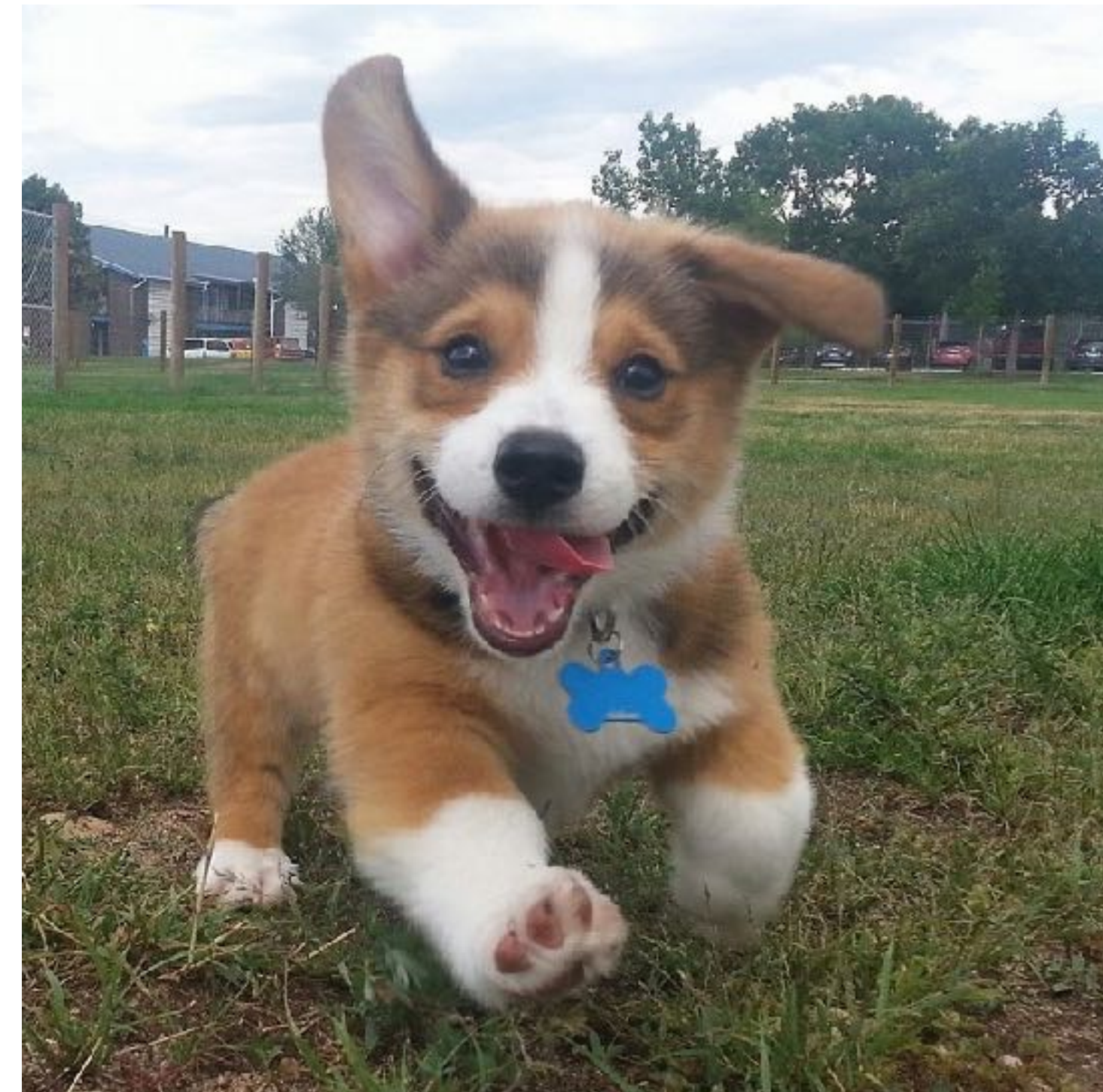


Scotty:
Before I thought I had to cross a chasm.
Now, I know I'm meant to be on a joyful road.



Marlyse:

**Before, I thought the purpose of work is to get it done.
Now, I know that the purpose of work is to make me happy.**



Dawn:
**Before, I thought building my business was
taking away from my responsibilities.
Now, I know it's "me time."**



The second layer of
discovering the right path for you
to re-build your business is:

learning about your life path.

Erica

My life before was defined by
masculine energy.

Either:
chaos & survival,
dissonance

Or:
controlled & formal
symphony



Erica

**My life now is embraced by
feminine energy.**

**Discovery, not discipline.
And,
clarity, not certainty.**



Doreen

Before:

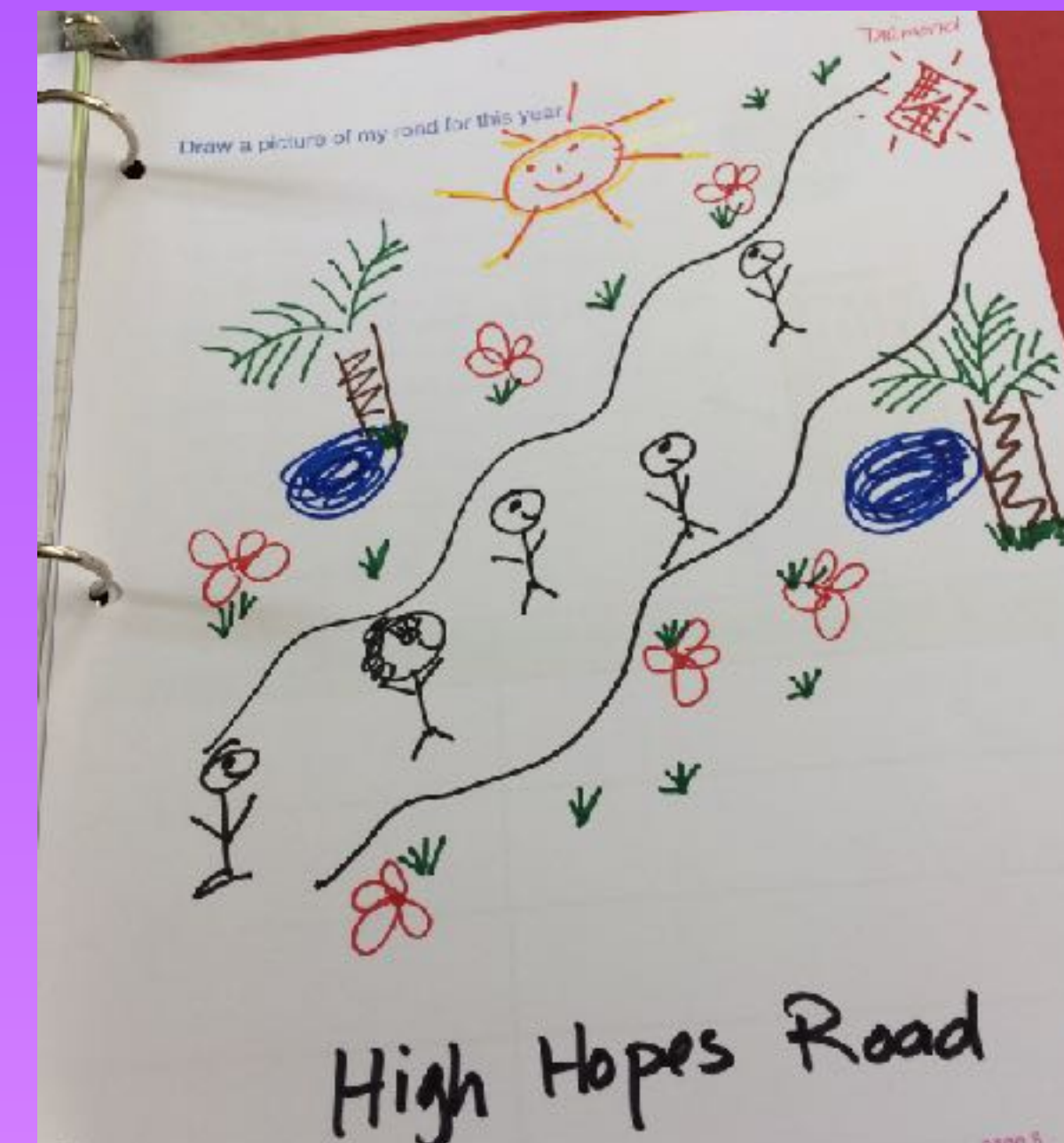
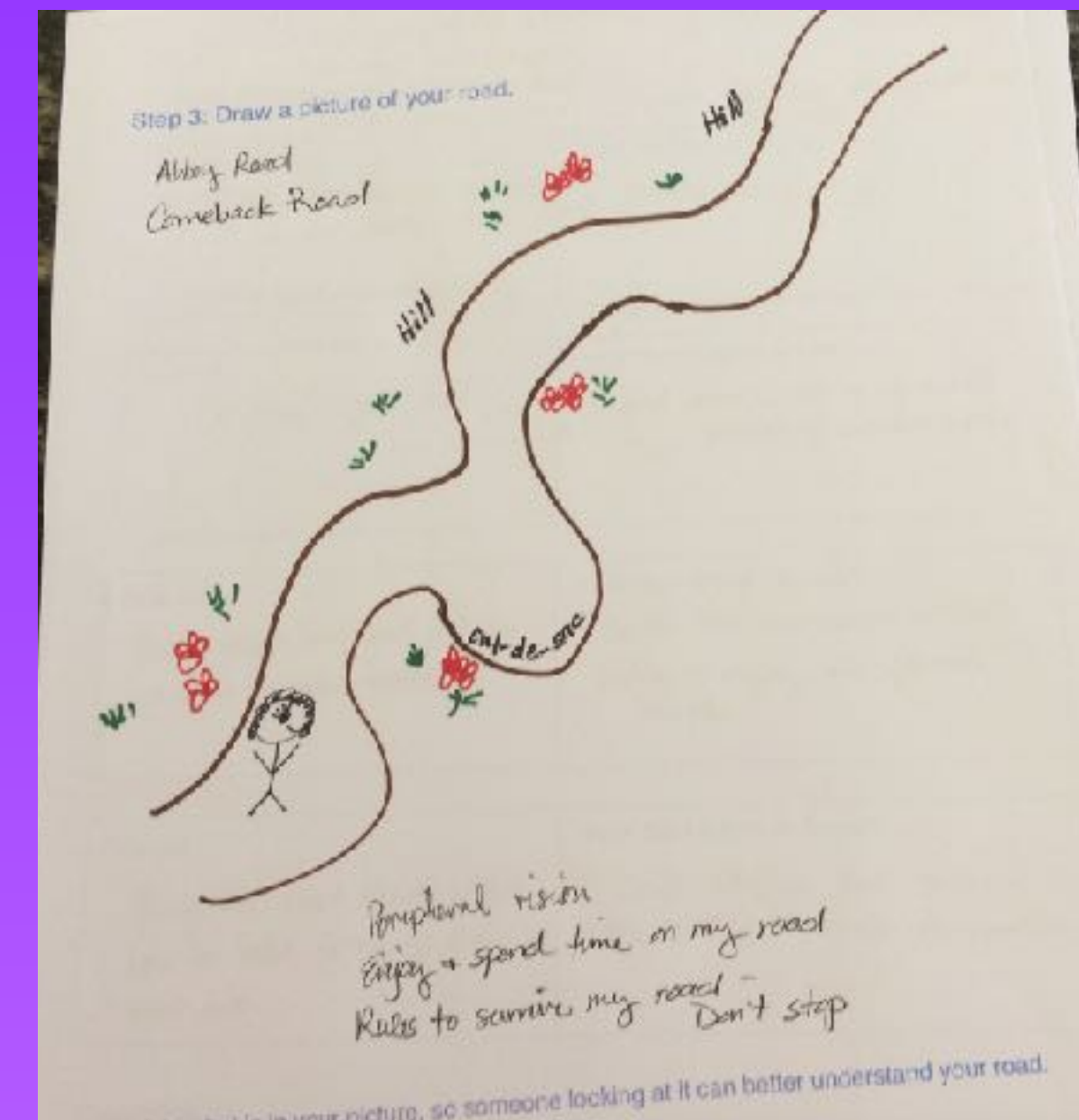
I have to do it, on my own.

Regaining strength

Now:

**I have to do it with friends,
together.**

Re-energizing each other



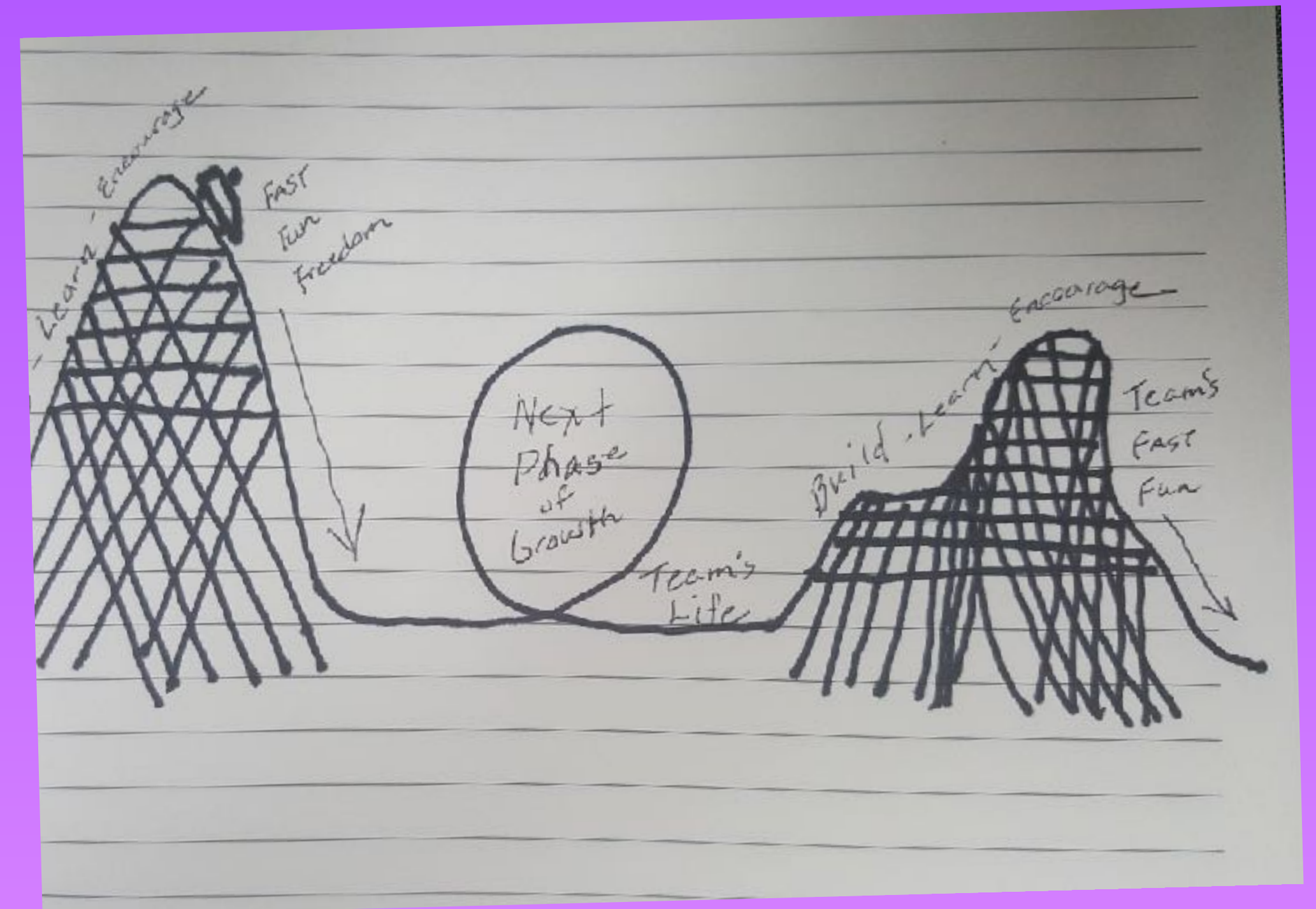
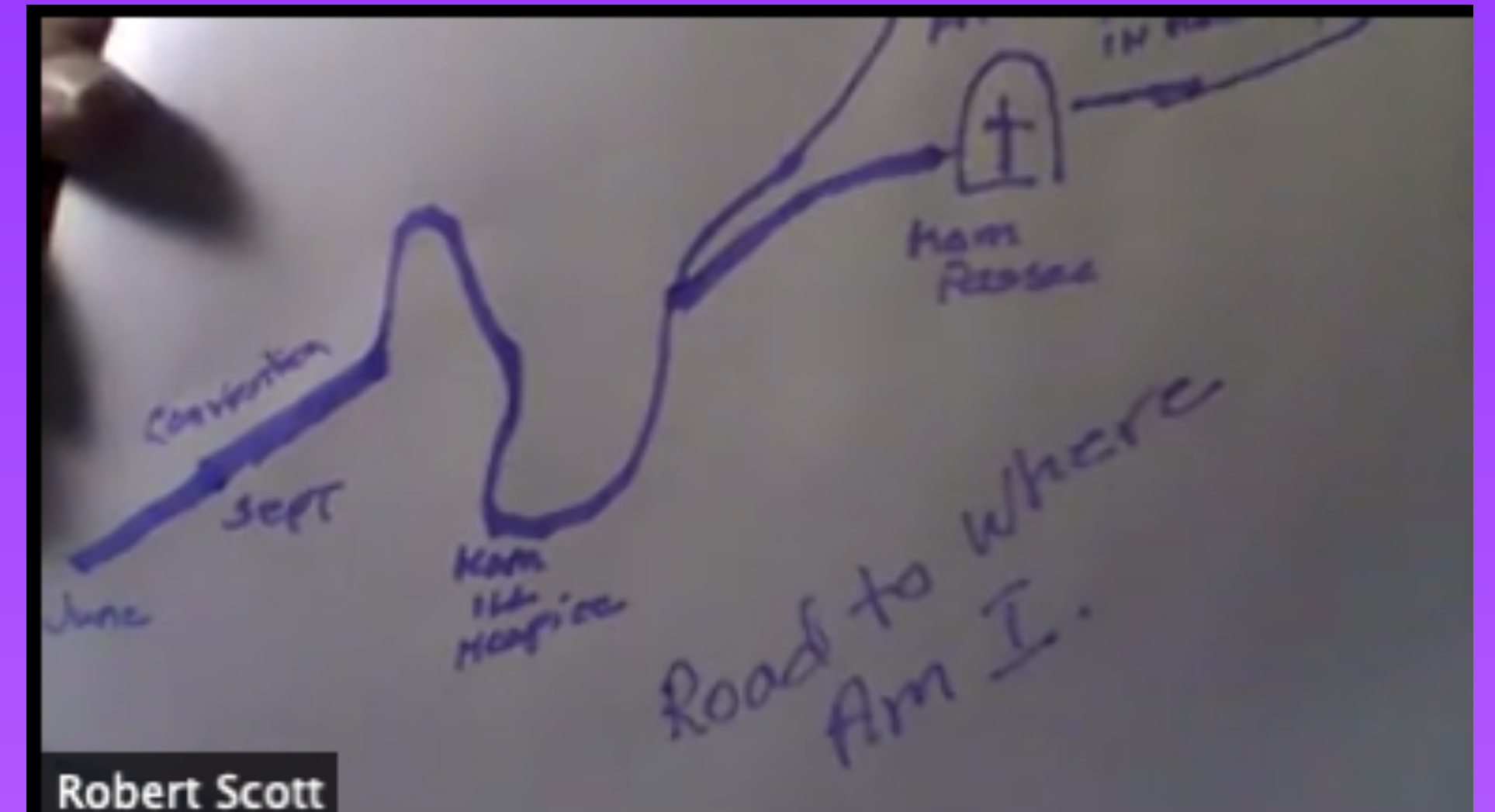
Scotty

Before:

Sit and hope
Slow and cautious
Care-take

Now:

Organize and act
Energy, momentum
Inspire



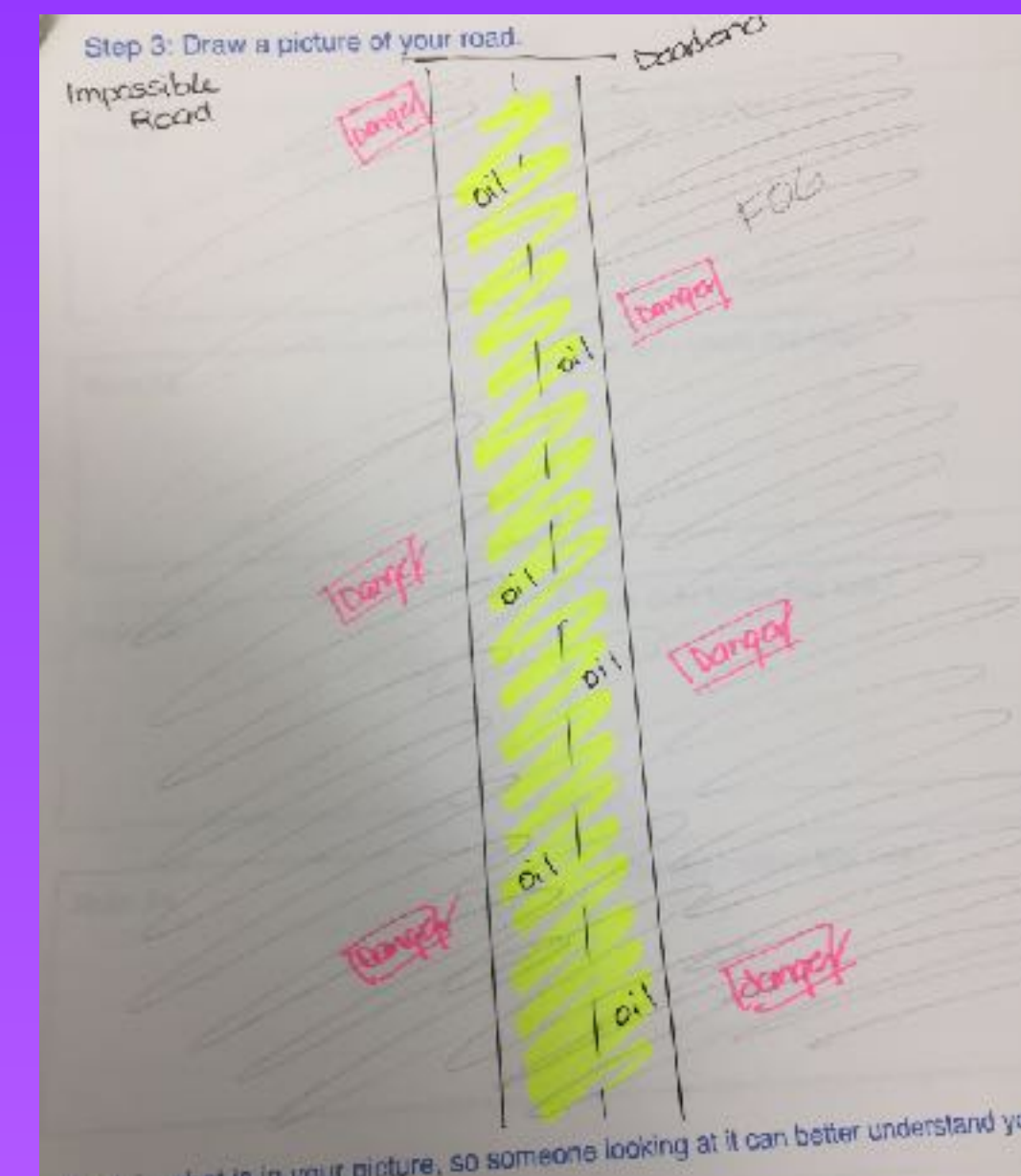
Marlyse

Before:

**No one is accountable.
I'm 100% responsible to save
your life.**

Now:

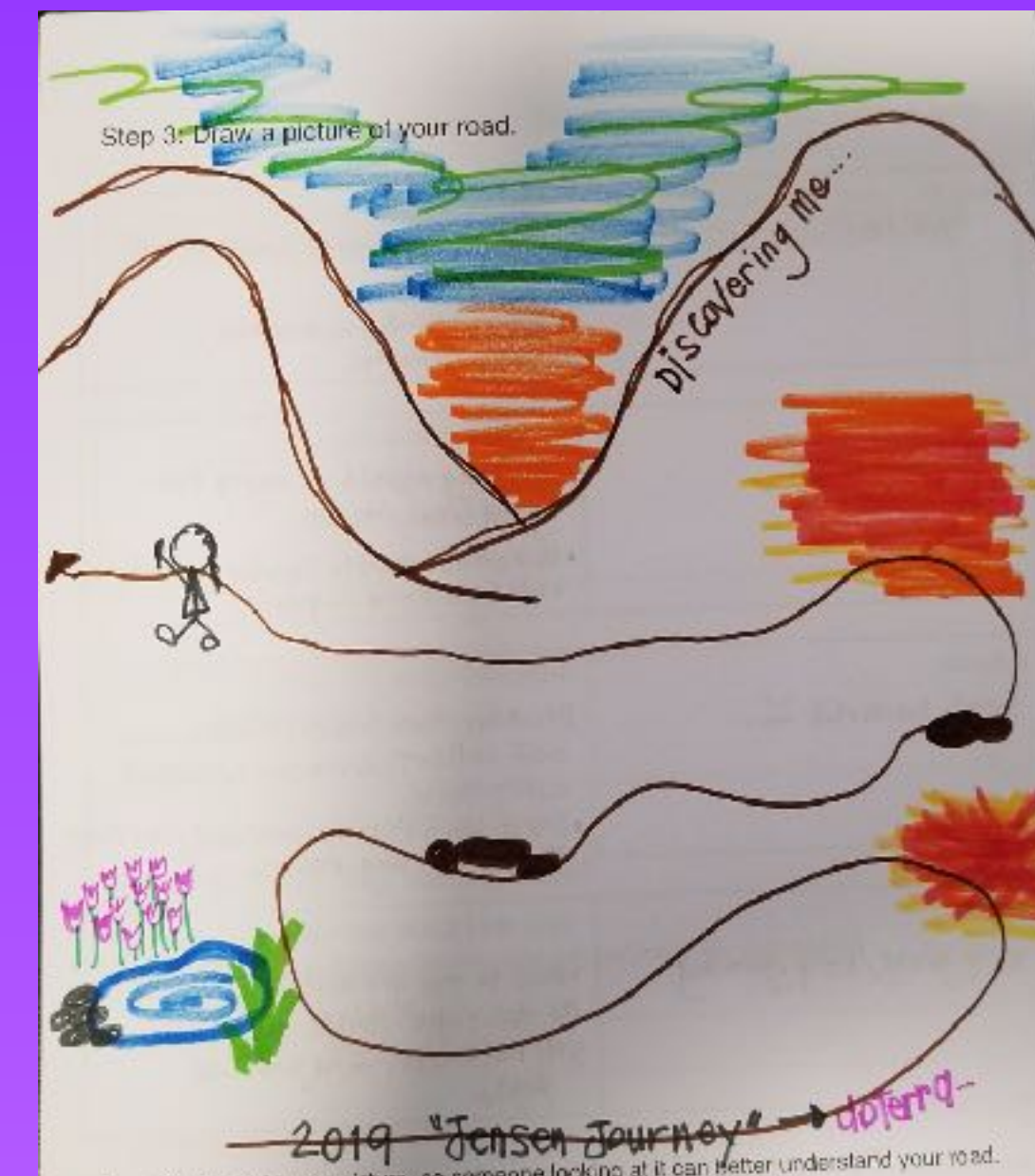
**You are accountable to each
other, not me.
Everyone moves on their own.**



Dawn

Before:
Others, first.
Back-tracking

Now:
Me, first.
Direct



The first + second layer of
discovering the right path for you
to re-build your business =

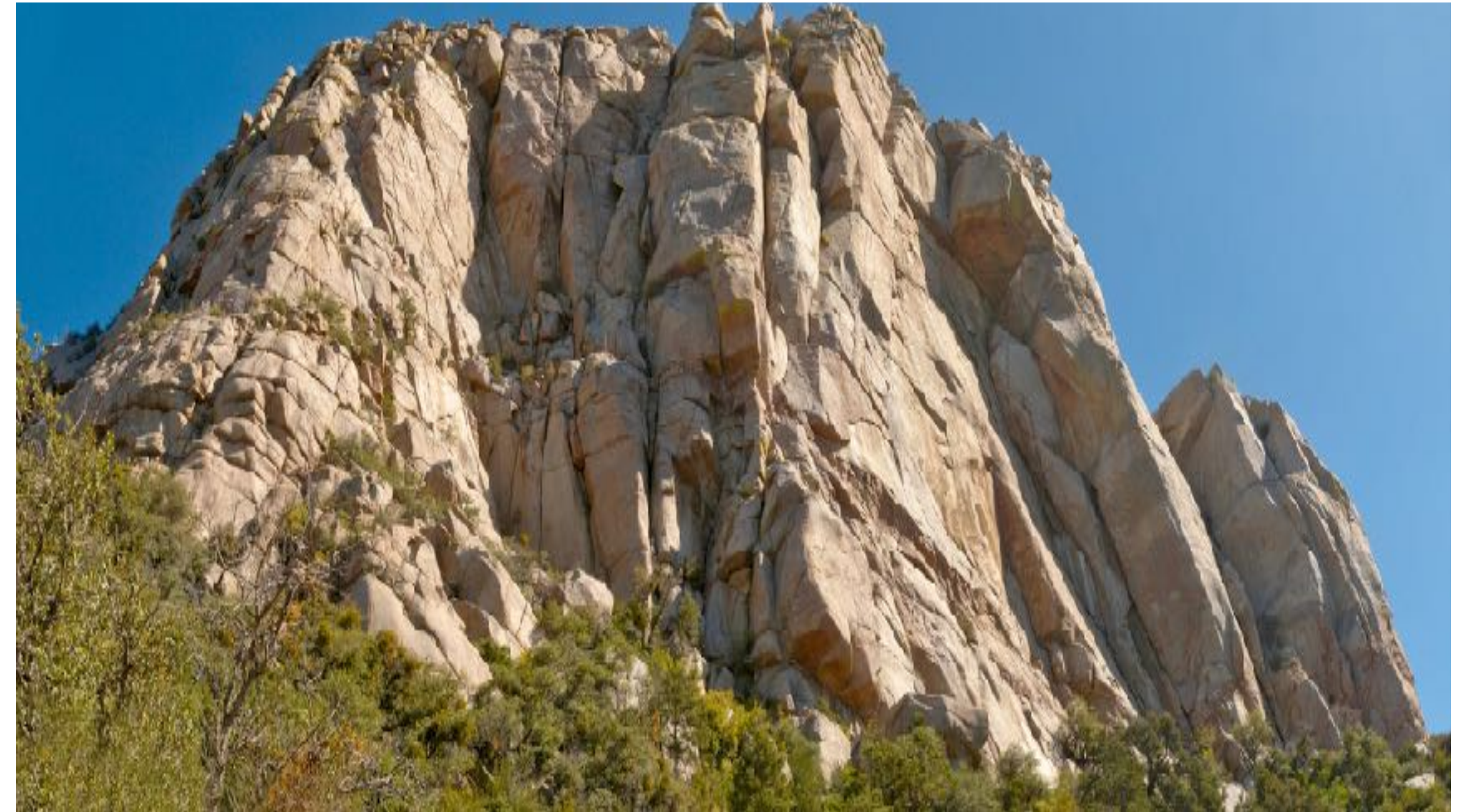
your new mindset

Erica:
**Before I felt like I was leading people through the wilderness. Now, I
know I am leading them to the Tree of Life.**
How will I do this?



**Not by rebuilding my business repeating the masculine way of
doing things. By rebuilding my business through and with divine
feminine energy.**

Doreen:
Before I felt like I am going to build a business on a sinkhole.
Now, I know I am going to build it on solid granite.
How will I do this?



Not by rebuilding my business, on my own.
By rebuilding my business with friends.

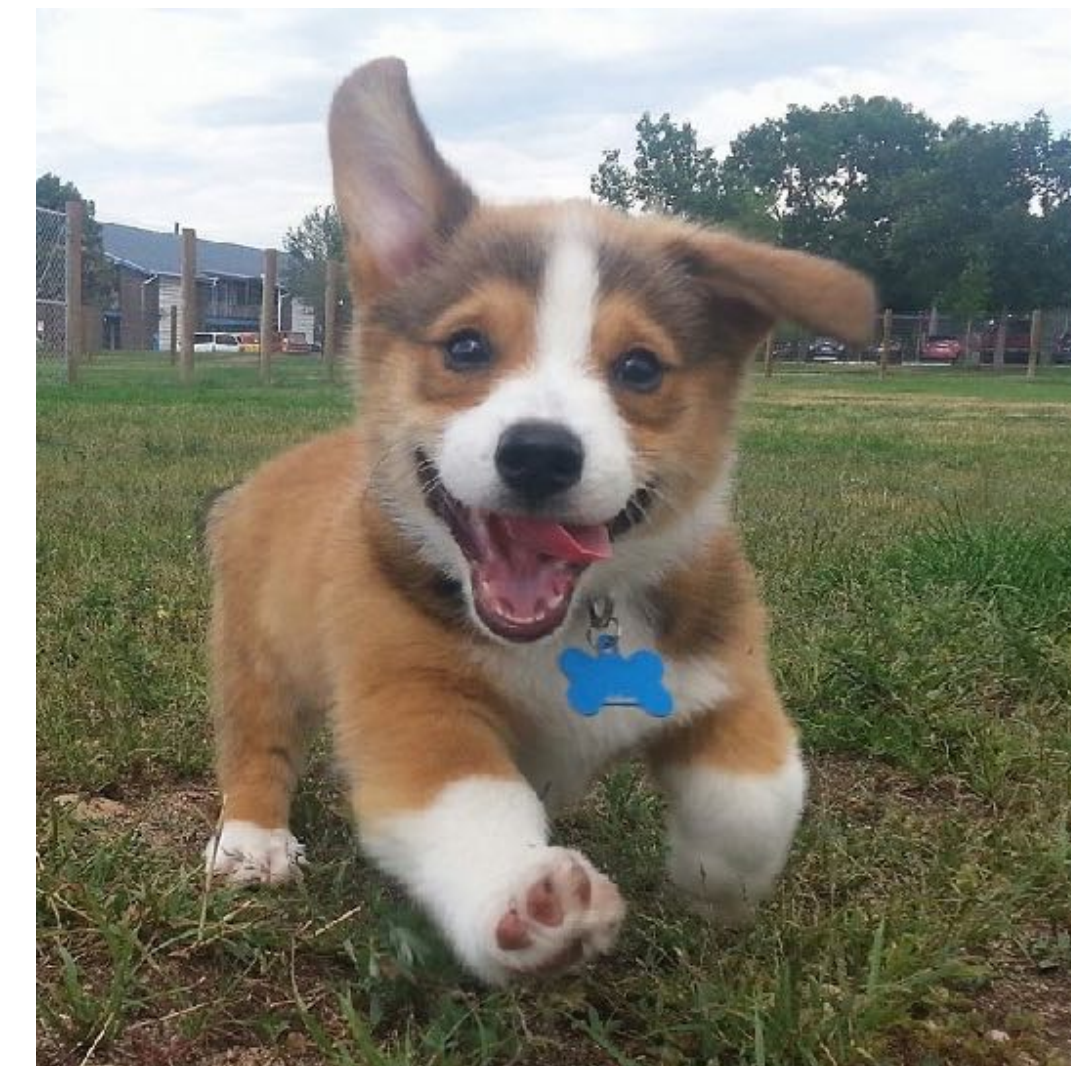
Scotty:
Before I thought I had to cross a chasm.
Now, I know I'm meant to be on a joyful road.
How will I do this?



Not by rebuilding my business to overcome darkness.
By rebuilding my business to shine and promote Light.

Marlyse:

**Before, I thought the purpose of work is to get it done.
Now, I know that the purpose of work is to make me happy.
How will I do this?**



**Not by rebuilding my business with work, work, work.
By rebuilding my business with a lot of FUN work.**

Dawn:
**Before, I thought building my business was
taking away from my responsibilities.
Now, I know it's "me time."
How will I do this?**



**Not by rebuilding my business to prove to others
that it has value. By rebuilding my business to heal
& rejuvenate myself.**

The third layer of
discovering the right path for you
to re-build your business =

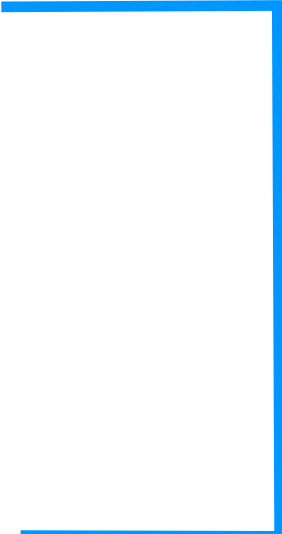
understanding your new self

Name	Old Way	New Way
Erica	Masculine Super Mom & Super Wife	Feminine Wizard
Doreen	On my own Student	With friends Business woman
Scotty	Battling darkness Manager	Inspiring, shining Light Vicar
Marlyse	Too much work Server	Fun work Happy / Power Couple
Dawn	Proving to others Pleaser & Follower	Discovering Me Trend Setter / CEO

Homework

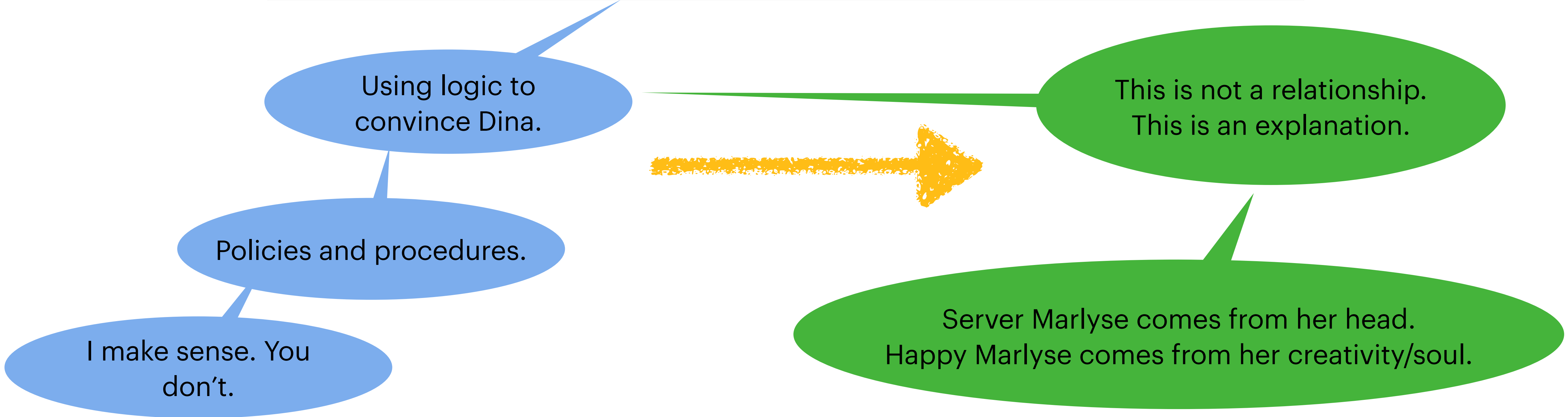
Work in pairs.

1. List 5 situations in which you felt you failed.
2. How did your Regular Self deal with it?
3. How would your Super Self deal with it?
4. Pair up. Schedule a Zoom with your partner.
5. 60 minutes. 30 minutes per partner.
 - Tell your partner the situation. They play the role of the other person. You are playing yourself.
 - Role play #1: You be your Regular Self.
 - Role play #2: You be your Super Self.



Write this in your journal.

	Server Marlyse	Happy Marlyse
What are you doing?	Too much to do! The rest of my life/biz's are competing with DoTerra. My life vs. DoTerra. Either/or, can't have both.	Creative, be around other happy people.
Time	Not enough time!	Having time to vacation. Taking 3 days in a row off.
Goal	How to have both, at the same time.	To be happy



Your Name: *Doreen - Example #1*

Describe the situation:

Jason called me and wanted to enroll. He's a restaurant owner very limited on time. Every time we met, he would say he's in a rush. Meetings were very quick. Tried to follow up on text or phone call. Never picked up and I would leave a message. Then we lost touch.

Student Doreen	Businesswoman Doreen
<i>Kept texting and leaving messages. No response.</i> not pushing	<i>Insist on a longer meeting to give him the info he needs and explain why it's important to him</i> pushing

Pushing or not pushing.
Both are coming from a place of doubting myself.
It's about ME. It's about whether or not I push. It's up to ME. My success or failure depends on what I do or do not do.



Actually, my business with Jason is determined by my relationship with Jason.

When I push, I turn him into a customer. When I relate, I turn him into a business partner.

Why was the homework assignment so difficult?

Marlyse has to come from her heart, not head.

How do you do THAT????

Doreen has to do it with friends, not on her own.

How do you do THAT???

Date	Curriculum	Time	Take-away
Nov. 2	Review Regular Self vs. Super Self	30 min 90 min	Clarity on what we've done so far and where we're going with this.
Nov. 9	In-person meditation Regular vs. Super Self (cont.)	30 min 90 min	Experiencing your Super Self + Next Steps
Nov. 16	In-person meditation Regular vs. Super Self (cont.)	30 min 90 min	Receive message from Super Self + Change Your Pattern
Nov. 23	In-person meditation Full Team Vision (Part 1)	30 min 90 min	Create Team Vision for 4 C's: Who, what, how
Nov. 30	In-person meditation Full Team Vision (Part 2)	30 min 90 min	Create Team Vision for 4 C's: Where, When
Dec. 7	Group vs. Team	2 hours	How to be a powerful team, and use group events to prospect