Wednesday, April 22, 2020

Introductory Group Coaching Session #1 (Part 2)

Let's look at couples!

Sela and Jason: Queen and King

- Jason: Honey, did you cook dinner?
- Sela: No, I shot it.
  - Do you want to have dinner or have sex? I'm not queen to make you comfortable. I'm queen to make you king.
- Sela must choose what is sexier, darker and selfish. You don't become a success by sacrificing your marriage. You become a success by NOT sacrificing your marriage.
- **Princess goals**: Make him pet me. I want him to think I'm a bunny. Play with me.
- **Queen goals:** Make him bow down to my throne. I want him to think I'm his boss. Work for me.
- **Princess:** If I achieve my goals, he becomes my (sugar) daddy. I win. He loses. I stay young (wink) and he gets old (boo hoo).
- **Queen:** If I achieve my goals, I don't win. He never lets me win. He always one-up's me. Keeps me interested. He's intriguing. I'm never bored, always piqued. So I have to stay in my power. Rarely, if ever, do I step down and when I do, it's calculated to give him a false sense of temporary security. He levels me—- keeps me 50/50 or 100/100, an equal partner to him. HE NEVER TURNS ME INTO HIS MOTHER OR HIS BABY. He makes sure I remain his PARTNER. He makes me his queen so that he can retain his masculine honor and power as a man and a KING.
- Homework: watch the movie, "Mr. and Mrs. Smith" with Brad Pitt and Angelina Jolie.
- Why he married you, isn't why he stays married to you. He married a sprout. He stays with you because you became a queen. A prince wants a princess. The moment he becomes a king, he needs a queen.
- If you are what he *needs*, that's different than being what he wants. Because a princess is optional. A queen is mandatory. He has no choice but to be with a queen if he becomes king. He can't stay with a princess. It's not even possible. You need what you need. There are no options (except to give up your power, which is *not* an option). A prince comes with a Corvette. A king comes with an empire. A prince can

give up a Corvette for a princess. But a king cannot give up his empire. He's locked into certain choices. Be his only choice.

- Jason: I'm not here to make you *feel* better. I'm here to make you better.

Fiona and Roger: Jesus and Pharisee

- Fiona is the light. Roger is the dark. Who is Jesus without Judas? Answer: nobody. The smallest star shines the brightest in the midst of darkness.
- Story: My aunt is an animal communicator. She saves animals! Her husband is a charming ambassador who hob nobs with royalty. While she would lead a pack of runaway farm animals, like goats and sheep across the Arabian desert just to save them from being slaughtered and turned into sausages, he'd be in the Pharaoh's backyard, sipping champagne with the Pharaoh's wife, firing up the BBQ. She saves. He slaughters. But they are both living their best lives. If the world were vegetarian, her mission has no meaning. But her partner CREATES THE CONDITIONS which makes her life story deeply meaningful—- in fact, it becomes heightened and turned into mythology, lore, religion.
- Your partner is the opposite because his darkness makes your tiny star shine the brightest. You bring out the vastness of his darkness. He brings out the brightness of your light.
- Humanity does not need a big huge light to burn the heck out of them. They need one tiny star, a still small voice, to guide them through the storm.
- Humility is Fiona's rise to power. It is Roger's downfall.
- Fiona is not a rabbi, teacher, healer, prophet. She is THE Christ. She is not a person with an identity. She is THE person with THE identity of the Christ. It's so singular that she cannot share disciples, followers, team members WITH THE PHARISEE.
- Question for Fiona: If you are Jesus, why are you sending your disciples to the head Pharisee for training? What do you think he's going to do with them? You teach fasting. He teaches feasting. God sent you his sheep and you let the guy who owns a butcher shop babysit them. He looks at them and sees lamp chops, how much he can charge per pound for organic grass-fed. He does not see God's children. The Pharisee is not your disciple. He's a Pharisee. Your mission is his meal ticket.

- Fiona, when God gives you a sheep, you are his shepherd, he's entrusting you with a soul. When God gives Roger a sheep, Roger heats up the grill, invites friends over for a BBQ. What's a soul to you is a sandwich to Roger.

Sinita and Michael: Natural Disaster and FEMA (Emergency Government Agency)

- Mike, you're all about people. But when you are a governmental body tasked with dealing with a large emergency, IT'S ALL BUSINESS. It's numbers and data. People are not people. People are statistics.
- You're not here to judge how much damage or casualties, or unnecessary lives were lost. You're here to clean up and REBUILD. You're doing construction, infrastructure and rehabbing lives. That's all. You're organized, efficient and SEEN AS AN AUTHORITY.
- Disasters happen because that's life and it's good for the planet. It cleans up the mess humanity makes, every once in a while. The point is, it's opportunity FOR YOU. Without the tornado, FEMA would be obsolete. You only get all the work you get and are seen as important as you are—- because disasters happen. You are legitimate only because the damage caused is so devastating.
- No matter how powerful the natural disaster is, YOU HAVE THE POWER TO FIX IT.
- You have to be IMPERSONAL. Not take it personally. You're just here to manage, foresee, organize, and build infrastructure. You're not the therapist.

When you're an artist in the world of finance

Peta: Finding the music in the business

- Music is math. Finances is math. They are both based on equations. But people will only hear my music, not get stuck on the math (when I teach them about finances).
- I am a powerful lover and I have loving power.
- There is an art to this business. It's not just all finance. There is a beautiful music to it. If I lose my music, I can't do this business. If I keep my music, I don't have to go out and get business. People will bring me business.
- I am the ART OF THE BUSINESS, not the business of the art.