# How to Find Your True Life Purpose

(and bring in abundance)



# with coach Vicky Lee

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# Watch the Complete Video Series by clicking on these links:

Videos	URL
Part 1	http://youtu.be/fYyR1VG2Fcw
Part 2	http://youtu.be/qa2mfthPosg
Part 3	http://youtu.be/3Glg8DK3Mfs
Part 4	http://youtu.be/_NtbJLuj45E
Part 5	http://youtu.be/xOtsXnPHLf8
Part 6	http://youtu.be/w1awmSDs0Z0
Part 7	http://youtu.be/nDCEHya7QiM
Part 8	http://youtu.be/MRuVPkVh6DM
Part 9	http://youtu.be/QgFzAl583IE
Part 10	http://youtu.be/xGtTQe3dF4U
Part 11	http://youtu.be/lzK9IFxg1uQ

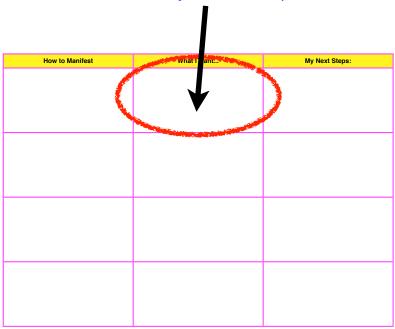
# Your Life Purpose Makeover Series with Vicky Lee

#### Part 1: Your Abundance

Step 1: Name something that you want. It can be anything: a car, relationship, job, a certain amount of money or even a feeling, such as self-love, confidence or peace of mind.

One thing that I w	vant to manifest in m	ny lite, right now is	•

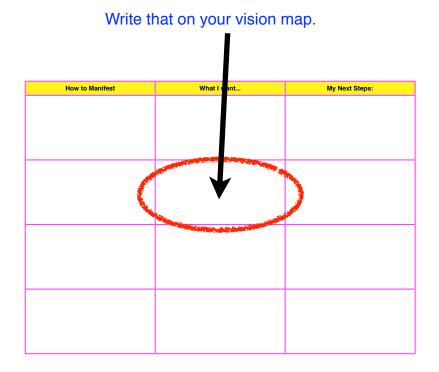
Write that on your vision map.



Step 2: Post your answer to "Step 1" in the comments to the YouTube video.

# Part 2: Your Abundance Feelings

**Step 3:** How would you feel if you got what you want? How would getting what you want, make you feel? (Remember: negative emotions won't create abundance.)



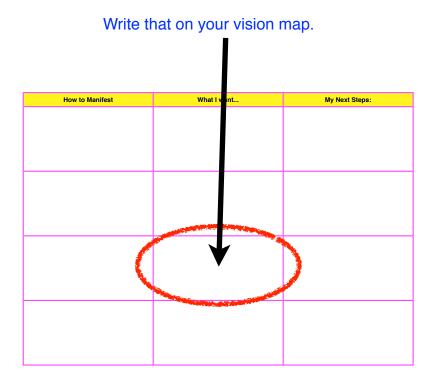
Step 4: Get into emotional alignment with your abundance.

I might not be ready, but I'm willing to feel	
That is why I'm manifesting	

Step 5: Post your answer to "Step 4" in the comments to the YouTube video.

#### Part 3: Your Abundance Beliefs

**Step 6:** What more do you need, in order to believe that you deserve or are worth--- what you want? (Hint: Your belief in your abundance must be authentic.)



**Step 7:** Get into mental alignment with your abundance.

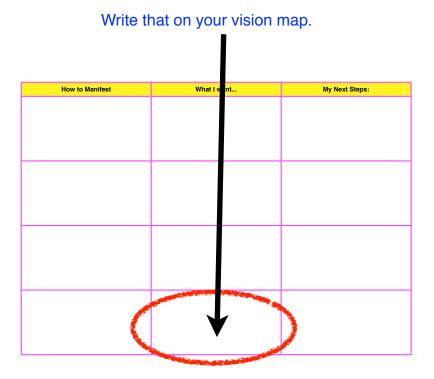
If I am willing to have		
Then I believe I deserve		

Step 6: What are you doing that prevents yo	ou nom deserving what you want?
Instead of	
Step 9: What can you do to cause you to do	eserve what you want?
<u></u>	
Before:	Now:

**Step 10:** Post your answer to "Step 7, 8, 9" in the comments to the YouTube video.

#### Part 4: Your Abundance Lesson

**Step 11:** What is my soul or higher self learning by getting what I want? (Hint: Your soul must be in alignment with your abundance.)



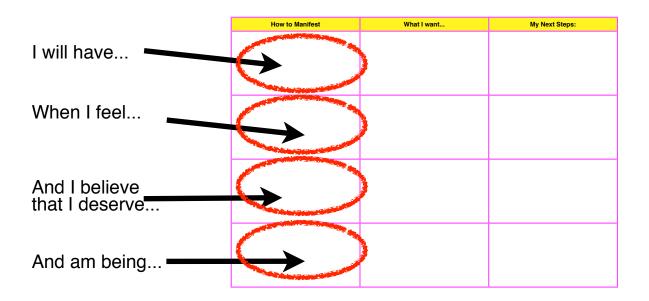
**Step 12:** Create your spiritual abundance mantra.

In the journey of getting what I want, my soul is learning	
·	

Step 13: Post your answer to "Step 12" in the comments to the YouTube video.

#### Part 5: Your Abundance Mantra

Step 14: Write these phrases on your vision map.



Step 15: Read your vision map from left to right.

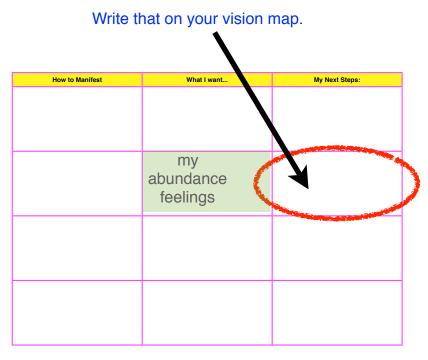
**Step 16:** Form complete sentences as you read them out loud to yourself. Write it down. These are your abundance mantras.

I will have	
When I feel	
And believe that I deserve	
And am being	

Step 17: Post your answer to "Step 16" in the comments to the YouTube video.

#### Part 6: How to Feel Your Abundance

**Step 18:** How are you going to feel your abundance feelings? What do you need to do or what do you need to change in order to feel those feelings?



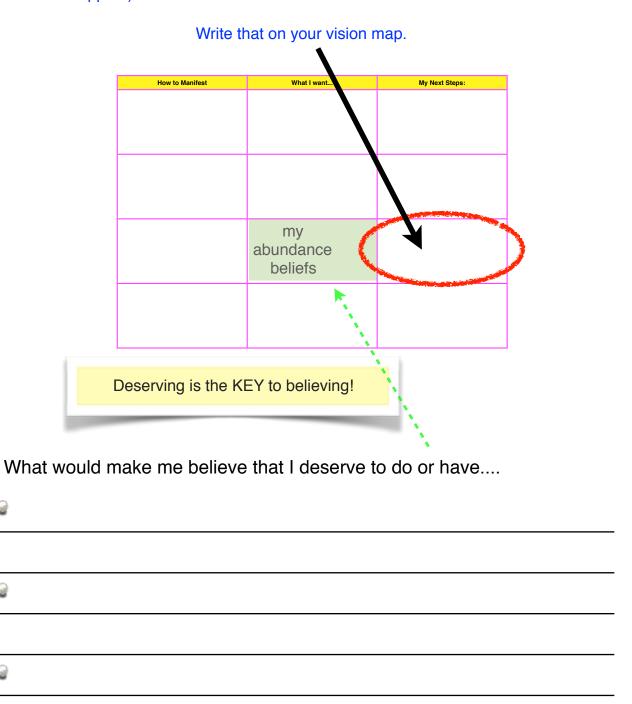
3 things that make me feel my "abundance feelings," right now:

I have to feel my abundance feelings BEFORE I receive it!

Step 19: Post your answer to "Step 18" in the comments to the YouTube video.

#### Part 7: How to Deserve Your Abundance

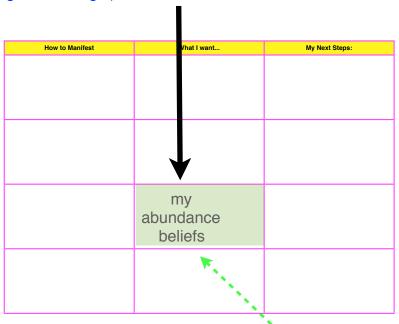
**Step 20:** How are you going to believe that you deserve your abundance? How are you going to believe that you are worthy of having your abundance? (Remember: You can't force it to happen!)



Step 21: Post your answer to "Step 20" in the comments to the YouTube video.

#### Part 8: How to Believe in Your Abundance

**Step 22:** Look at your abundance beliefs. (Remember: Your next step is not to go out and try to get the things you wrote in this box. All you have to do is believe that you are worth of having these things.)



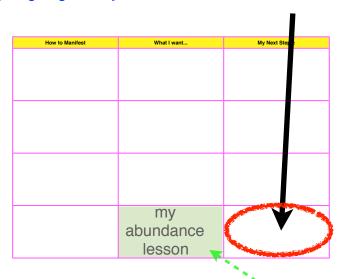
I want to put myself in a situation where I can see myself and others can see me--- as the picture of my abundance!

What would make me believe that I deserve to have this given to me? Or, what would make me believe that I would be able to get this effortlessly?

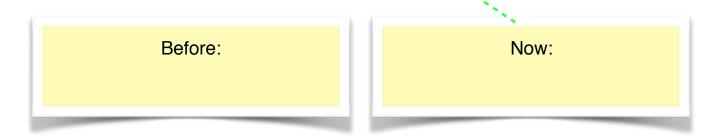
Step 23: Post your answer to "Step 22" in the comments to the YouTube video.

### Part 9: How to Become Your Abundant Self

Step 24: How are you going to be your abundant self? Write that on your vision map.



Step 25: Who were you being before? Who are you being now?



**Step 26:** What would you be doing differently?

When I was my non-abundant self, I would	When I am my abundant self, I am

Step 27: Post your answer to "Step 25, 26" in the comments to the YouTube video.

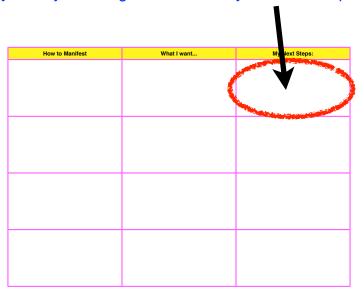
# Part 10: Your True Abundance

Step 28: How has your journey changed? W	hat was it before? What is it now?
Before:	Now:
Step 29: How has your abundance (what you is it now?	want) changed? What was it before? What
Before:	Now:

**Step 30:** Post your answer to "Step 28, 29" in the comments to the YouTube video.

# Part 11: Your True Life Purpose

Step 31: If you were doing, feeling, believing and being all the things on your vision map, what would you truly be doing? Write that on your vision map.



What am I really doing.... by getting what I want?

**Step 32:** What is your true life purpose?

When I realize my true life purpose, what I want can change....

For example, Jim can be a humanitarian by having a dairy farm OR.... a fish farm, a silk worm farm, a vegetable farm, etc... There are many forms of your abundance and many ways you can fulfill your true life

Other ways in which I can fulfill my true life purpose, are	
Step 33: What is your true life purpose doing for you? (Place a check mark next to the one that applies to you.)	
☐It is changing the direction of my life path, by	
It is revealing something that I've been in denial of, such as	
It is making me become bigger, better or more, by	
(Other) It is	

Step 34: Post your answer to "Step 32" in the comments to the YouTube video.